



Start off on the right foot

At **Hermann Fitness Source!**

(a division of Hermann Area District Hospital)

**Fitness Evals – Free mini-evals &
\$25 full evals (a \$20 saving!) with a personalized fitness program set-up
(Jan. 3 thru Jan. 14th)**

Try a punch card! 11 classes for the price of 10, perfect if you can't make it to every class

**BUDDY SPECIAL (new members only – inactive 6 months or more): Buy a month and
get a month FREE for you and your workout buddy!**

**P.M. Special –Work out in the evenings from 5 to 7 pm only, and get \$5 off your
membership January through March!**

Corporate and Family Discount Plans available

Start **BIG**, Finish **small** ~ **Healthy Living Program** starts January 9th

ChEcK iT oUt! PREVIEW OUR CLASSES AND GYM FREE - Dec. 27th through Jan. 6th!



For more information, call us at 486-2251, stop by at 124 E. 4th St., or check out our website at www.hadh.org

